

Mayo Clinic Medical Edge
Ankylosing Spondylitis

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	ANKYLOSING SPONDYLITIS IS A LITERAL PAIN IN THE BACK. DR. ERIC MATTESON, A MAYO CLINIC RHEUMATOLOGIST, EXPLAINS.
Eric Matteson, M.D. Track 1 (23:35)	"PATIENTS WHO HAVE ANKYLOSING SPONDYLITIS HAVE INFLAMMATION WITH PAIN AND STIFFNESS ALONG THE SPINE. AND OVER TIME, THE VETERBRAE SEEM TO GROW TOGETHER. THEY BECOME VERY STIFF, VERY RIGID AND CAN'T BEND VERY WELL, DOESN'T HAVE NORMAL MOBILITY IN THE SPINE AND THAT CAN BE QUITE LIMITING."

	<p>A CLOSE COUSIN OF RHEUMATOID ARTHRITIS, ANKYLOSING SPONDYLITIS IS AN AUTOIMMUNE DISEASE.</p>
<p>Dr. Matteson Track 1 (19:10)</p>	<p>“THAT MEANS THE IMMUNE SYSTEM BECOMES ACTIVE, AND, IN THIS CASE, IT ATTACKS THE JOINTS AND THE LINING AROUND THE JOINTS.”</p>
	<p>IT CAN ALSO AFFECT OTHER TISSUES, INCLUDING THE EYES, AORTA AND LUNGS. WHY THE IMMUNE SYSTEM TURNS ON THE BODY IS A MYSTERY. AND WHILE THERE’S NO CURE, THERE ARE THERAPIES THAT CAN HELP EASE THE SYMPTOMS.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>

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