

Mayo Clinic Medical Edge

Eczema Kids

1:00

Log	Audio
Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	LITTLE AVERY HORN LOVES THE WATER. BUT IT'S A NEW FOUND LOVE. AVERY'S MOM BROOK SAYS UP UNTIL A YEAR AGO
Brook Tarkin Avery's mom	"SHE COULDN'T REALLY GET IN THE WATER AT ALL BECAUSE HER SKIN HAD A LOT OF OPEN SORES ON IT AND SHE WOULD SCRATCH SO MUCH."
	MAYO CLINIC DR. DAWN DAVIS SAYS UP TO 40-PERCENT OF ALL KIDS IN AMERICA HAVE BOUTS OF ECZEMA, AN INFLAMMATORY SKIN DISEASE. IT'S CAUSED BY AN OVER-ACTIVE IMMUNE SYSTEM. THE SKIN BECOMES RED,

	CRACKED AND ITCHY.
Dawn Davis, M.D.	“THE MOST PRACTICAL WAY TO TREAT ECZEMA IS TO CREATE A BARRIER BETWEEN YOUR SKIN AND THE ENVIRONMENT.”
	DR. DAVIS RECOMMENDS A THREE-TIERED TREATMENT PLAN: AND A DAILY SENSITIVE SKIN CARE REGIMEN WHICH INCLUDES SOAKING IN A BATH FOR 15 MINUTES, WASHING WITH MILD SOAP, AND APPLYING AN EMOLLIENT, OR RICH CREAM, TO YOUR SKIN AFTERWARDS. ANTIHISTAMINES TO EASE THE ITCH AND, IF NECESSARY, ANTIBIOTICS TO GET RID OF BACTERIA.
	FOR MORE INFORMATION TALK WITH YOUR DOCTOR, OR VISIT MAYO CLINIC.ORG . I'M VIVIEN WILLIAMS.

