

Mayo Clinic Medical Edge

Meniere's Disease

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	AT FIRST, THE SYMPTOMS AREN'T SO BAD...
Larry Lundy, M.D. Track 1 (17:05)	"THEY'LL FEEL LIKE THE EAR IS BLOCKED UP WITH WAX AND THEY WILL HEAR A ROARING TYPE SOUND, LIKE YOU PUT A SEASHELL OVER THAT EAR."
(Men-Years)	IT'S WHEN MENIERE'S DISEASE HITS THE NEXT STAGE THAT MAYO CLINIC DR. LARRY LUNDY SAYS EVERYTHING SPINS OUT OF CONTROL, OR SEEMS TO.
Dr. Lundy Track 1 (17:30)	"A FAIRLY SEVERE VERTIGO WHERE PATIENTS WILL LITERALLY CRAWL ON THEIR HANDS AND

	<p>KNEES TO THE TOILET AND BE SICK FOR A COUPLE OF HOURS BEFORE THEY CAN GET UP.”</p>
	<p>AND THERE’S NOT MUCH YOU CAN DO BUT RIDE OUT THE STORM. WE DON’T FULLY UNDERSTAND WHAT CAUSES MENIERE’S DISEASE, BUT THE FOCUS IS ON THE FLUIDS OF THE INNER EAR.</p>
	<p>THERE’S NO CURE PER SE, BUT IT CAN BE MANAGED. DR. LUNDY SAYS ONE KEY IS LIMITING SALT INTAKE. SOMETIMES DIURECTIC’S ARE ALSO USED TO REDUCE FLUID RETENTION. MEDICATIONS, EVEN SURGERY COULD BE OPTIONS WHEN NOTHING ELSE HELPS. FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>

