

*Medical Edge from Mayo Clinic*

*Surgery for Obesity*

1:00

**Log**

**Audio**

---

<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S TODAY'S MEDICAL EDGE FROM MAYO CLINIC.
	WITH THE POTENTIAL FOR DRAMATIC RESULTS AND LIFE-LONG BENEFITS, WEIGHT REDUCTION SURGERIES HAVE BECOME INCREASINGLY POPULAR. BUT, SAYS MAYO CLINIC DR. JAMES SWAIN, THEY'RE NOT FOR EVERYONE.
<b>James Swain, M.D.</b> <b>Track 1 (4:50)</b>	"IF THEY HAVE FAILED SUPERVISED MEDICAL WEIGHT LOSS PROGRAMS AND HAVE SIGNIFICANT CO-MORBID CONDITIONS RELATED TO THEIR WEIGHT, THEY MAYBE

	CANDIDATES FOR SURGERY.”
<b>(Rue-in-why)</b>	THERE ARE TWO TYPES OF WEIGHT LOSS SURGERY. RESTRICTIVE PROCEDURES REDUCE THE SIZE OF THE STOMACH LIMITING HOW MUCH YOU CAN EAT. MALABSORPTION PROCEDURES LIMIT THE CALORIES AND NUTRIENTS ABSORBED BY THE BODY. THE GOLD STANDARD IS THE ROUX-EN-Y GASTRIC BYPASS.
<b>Dr. Swain Track 1 (9:00)</b>	“IT’S SORT OF AN IN-BETWEEN OPERATION, TAKING ADVANATAGE OF THE RESTRICTIVE OPERATION, BUT ALSO ADDING A SMALL AMOUNT OF MALABSORPTION.”
	IT’S NOT A QUICK FIX. WEIGHT REDUCTION SURGERY REQUIRES COMMITMENT TO SIGNIFICANT LIFESTYLE CHANGES.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR LOG ONTO

	MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.