

***Mayo Clinic Medical Edge***

***Heart Disease in Women***

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
<b>Sharon Felleron, Patient</b>	"I DIDN'T KNOW I HAD ANY HEART PROBLEMS UNTIL I HAD MY HEART ATTACK."
	WHY DIDN'T SHARON FELLERSON REALIZE SHE WAS AT RISK? ONE REASON COULD BE THAT FOR DECADES HEART DISEASE WAS CONSIDERED A MAN'S DISEASE. THE TRUTH IS HEART DISEASE IS THE NUMBER ONE KILLER OF MEN <u>AND</u> WOMEN. ONE OUT OF FOUR WOMEN WILL DIE OF HEART DISEASE. DR. SHARONNE HAYES IS A CARDIOLOGIST AT MAYO CLINIC.

<p><b>Sharonne Hayes, M.D.</b> <b>Mayo Clinic Cardiologist</b></p>	<p>“THE BIGGEST MESSAGE IS THAT WOMEN SHOULD BE TALKING TO THEIR PRIMARY CARE DOCTORS ABOUT WHAT THEY CAN DO TO PREVENT HEART DISEASE AND WHAT SIGNS AND SYMPTOMS THEY SHOULD BE AWARE OF.”</p>
	<p>WOMEN SHOULD KNOW THAT NOT ALL HEART ATTACKS CAUSE CHEST PAIN. OTHER SYMPTOMS INCLUDE PAIN THAT RADIATES TO YOUR JAW, SHOULDER, OR ARM, NAUSEA, VOMITING AND INTENSE SWEATING. IF YOU HAVE SYMPTOMS OR ANY CHEST DISCOMFORT THAT JUST DOESN'T GO AWAY CALL 911.</p>
<p><b>Sharonne Hayes, M.D.</b> <b>Mayo Clinic Cardiologist</b></p>	<p>“IT’S BETTER TO BE SAFE THAN DEAD.”</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I’M VIVIEN WILLIAMS.</p>
