

**Mayo Clinic Medical Edge**

**What is the Thyroid**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	YOU'VE PROBABLY HEARD OF THE THYROID. IT'S A SMALL BUTTERFLY-SHAPED GLAND THAT SITS NEAR THE BASE OF YOUR NECK. BUT DO YOU KNOW WHAT ITS JOB IS?
<b>Vahab Fatourehchi, M.D.</b>	"ENDOCRINE GLANDS ARE TISSUES THAT PRODUCE HORMONES OR SUBSTANCES THAT CIRCULATE THROUGH THE BLOOD AND GO TO OTHER SYSTEMS AND ORGANS AND HAVE AN EFFECT."
	THE THYROID'S ROLE, ADDS MAYO CLINIC DR. VAHAB FATOURECHI,

	STARTS BEFORE BIRTH.
<b>Dr. Fatourechi</b>	“THE HORMONE THAT IS PRODUCED BY THE THYROID IS NEEDED FOR GROWTH AND DEVELOPMENT, BOTH PHYSICALLY AND ALSO FOR DEVELOPMENT OF THE BRAIN.”
	REGULATING THE HORMONES THAT CONTROL METABOLISM IS ANOTHER JOB OF THE THYROID. AN UNDERACTIVE THYROID CAN LEAVE YOU FEELING FATIGUED AND SLUGGISH, WHILE AN OVERACTIVE THYROID CAN REV UP YOUR ENERGY LEVELS. EITHER ONE CAN POSE SOME SERIOUS RISKS AND SHOULD BE EVALUATED BY YOUR PHYSICIAN.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a> . I'M VIVIEN WILLIAMS.
