

Mayo Clinic Medical Edge

*What is a Hemorrhoid*

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	YOU'RE PROBABLY NOT GOING TO FIND PEOPLE TALKING ABOUT THEM AT YOUR NEXT GET-TOGETHER, BUT HEMORRHOIDS ARE A COMMON PROBLEM THAT ACTUALLY BEGIN IN OUR VEINS.
<b>Mark Larson, M.D.</b>	"HEMORRHOIDS ARE DILATIONS OF THOSE VEINS THAT OCCUR IN THE AREA AROUND THE ANUS."
	ACCORDING TO MAYO CLINIC DR. MARK LARSON, THOSE DILATIONS CAN BE CAUSED BY ANYTHING THAT PUTS PRESSURE ON THE VEINS. THAT CAN BE STRAINING WITH BOWEL MOVEMENTS,

	<p>PREGNANCY OR A JOB THAT HAS YOU SITTING FOR LONG PERIODS, NOW MOST HEMORRHOIDS NEVER CAUSE A PROBLEM, BUT WHEN THEY DO...</p>
<p><b>Dr. Larson</b></p>	<p>“THEY CAN CAUSE SYMPTOMS SUCH AS BURNING DISCOMFORT, SHARP PAIN ON SOME OCCASIONS, ITCHING, OR BLEEDING.”</p>
	<p>MOST OF THE TIME, SYMPTOMS WILL RESOLVE ON THEIR OWN. IF NOT, TREATMENTS CAN RANGE FROM CONSERVATIVE, SUCH AS DIET CHANGES OR SITZ BATHS TO INVASIVE, INCLUDING SURGERY TO REMOVE THE HEMORRHOID.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I’M VIVIEN WILLIAMS.</p>

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