

Mayo Clinic Medical Edge
Statins and Prostate Cancer

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	WHAT'S GOOD FOR THE HEART IS ALSO GOOD FOR THE PROSTATE. AND A RECENT STUDY SUGGESTS THAT COULD INCLUDE A COMMONLY PRESCRIBED MEDICATION.
Rodney Breau, M.D.	"MEN TAKING STATIN MEDICATIONS HAD A REDUCED RISK OF PROSTATE CANCER BY ABOUT THREE TO FIVE TIMES."
	DR. RODNEY BREAU LED THE MAYO CLINIC STUDY WHICH FOLLOWED NEARLY 2500 MEN OVER MORE THAN 15 YEARS. STATINS ARE USED TO LOWER

	<p>CHOLESTEROL OR TO HELP PREVENT HEART ATTACK AND STROKE IN HIGH-RISK PATIENTS. DR. JEFFREY KARNES IS THE STUDY'S SENIOR AUTHOR.</p>
<p>Jeffrey Karnes, M.D.</p>	<p>"THIS IS NOT EVIDENCE OF CAUSATION, BUT IT'S DEFINITELY ASSOCIATION. TESTOSTERONE IS DERIVED FROM CHOLESTEROL, SO MAYBE THAT IS THE REASON WHY PSA'S MAY CHANGE OR THE DIAGNOSIS OF PROSTATE CANCER MAY CHANGE. "</p>
	<p>THAT'S WHY MORE STUDY, PARTICULARLY CLINICAL TRIALS ARE NECESSARY BEFORE ANY RECOMMENDATIONS CAN BE MADE.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>