

Mayo Clinic Medical Edge

Treating Lymphedema

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
Andrea Cheville, M.D.	"IT'S A LITTLE EMBARRASSING IN THE 21 ST CENTURY THAT WE DON'T HAVE A DRUG OR A SURGICAL PROCEDURE THAT CAN MAKE THIS GO AWAY, BUT THE HARD TRUTH IS, WE DON'T."
	THE CONDITION MAYO CLINIC DR. ANDREA CHEVILLE IS TALKING ABOUT IS LYMPHEDEMA. THAT'S WHERE FLUID, NORMALLY PROCESSED BY THE LYMPHATIC SYSTEM INSTEAD POOLS IN THE ARMS LEGS OR ANY BODY PART.

	THE RESULT CAN BE EXTREME SWELLING.
Dr. Cheville	“ONE OF THE TRAGIC ENDPOINTS IS THE LEGS JUST GET SO BIG THEY CAN’T MOVE.”
	DR. CHEVILLE SAYS TREATMENT HAS FOUR COMPONENTS. MASSAGE, COMPRESSION AND EXERCISE CAN ALL STIMULATE THE LYMPHATIC SYSTEM AND GET THE FLUID MOVING. THE FOURTH DIMENSION IS SKIN CARE
Dr. Cheville	“BECAUSE WE WANT TO RESTORE THE PROTECTIVE BARRIER SO THE BACTERIA’S NOT CONTINUALLY GETTING IN THE SYSTEM AND CAUSING INFECTIONS.”
	IT’S VERY INTENSIVE, BUT DONE PROPERLY, THE RESULTS ARE...
Dr. Cheville	“TRULY ASTONISHING.”
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN

	WILLIAMS.
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