

Mayo Clinic Medical Edge

Watery Eyes

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	FROM SAD MOVIES TO HAPPY REUNIONS, THERE ARE LOTS OF THINGS THAT CAN GET THE TEARS FLOWING. UNFORTUNATELY, IT'S NOT ALWAYS JUST A TEMPORARY PROBLEM.
Sophie Bakri, M.D.	"MANY PEOPLE HAVE TO CARRY TISSUES AROUND ALL THE TIME TO CONSTANTLY WIPE TEARS OFF THEIR CHEEKS."
	MAYO CLINIC OPHTHALMOLOGIST, DR. SOPHIE BAKRI SAYS A LEADING FACTOR FOR WATERY EYES IS AGE. YOU SEE, AS PEOPLE GET OLDER, THE EYELIDS TEND TO BECOME MORE LAX. AS

	<p>A RESULT, THE EDGES OF THE EYELID DON'T STICK TO THE EYE ITSELF.</p>
<p>Dr. Bakri</p>	<p>“AND WHAT THAT MEANS IS THAT THE DRAINAGE CHANNEL ISN'T STUCK ONTO THE EYE AND SO THE TEARS CAN'T DRAIN THROUGH IT. SO INSTEAD, THE TEARS POUR INTO THE LITTLE POUCH THAT'S MADE AND OVERFLOW ONTO THE CHEEK.”</p>
	<p>ANOTHER POSSIBLE CAUSE IS A BLOCKED TEAR DUCT. IN EITHER CASE, THE FIX IS OFTEN A FAIRLY STRAIGHT-FORWARD PROCEDURE. AND THEN YOU CAN SAVE THE TISSUES AND THE TEARS FOR THOSE REALLY MEANINGFUL MOMENTS.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>