

Mayo Clinic Medical Edge
Living with Bicuspid Aortic Valve Disease

1:00

Log

Audio

<p>Intro with music</p>	<p>GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.</p>
	<p>BICUSPID AORTIC VALVE DISEASE OR B-A-V IS THE MOST COMMON CONGENITAL HEART DEFECT. IT CAN LEAD TO LEAKAGE THROUGH THE VALVE, OR BLOCKAGE OF BLOOD FLOW TO THE BODY. NEARLY ALL PATIENTS WILL ULTIMATELY NEED SURGERY TO REPAIR OR REPLACE THE VALVE. BUT...</p>
<p>Thor Sundt, M.D. Track 1 (1:45)</p>	<p>"MANY INDIVIDUALS WITH BICUSPID AORTIC VALVES WILL HAVE A NORMALLY FUNCTIONING VALVE FOR MUCH OF THEIR LIFE."</p>
	<p>BUT THAT DOESN'T MEAN YOU CAN JUST FORGET ABOUT IT.</p>

	<p>MAYO CLINIC DR. THOR SUNDT SAYS PEOPLE WITH B-A-V NEED TO TAKE ANTIBIOTICS BEFORE DENTAL PROCEDURES TO PROTECT AGAINST INFECTION. THEY'RE ALSO PRONE TO DEVELOPING ANEURYSMS IN THE AORTA.</p>
<p>Dr. Sundt Track 1 (5:45)</p>	<p>“THAT ENLARGEMENT CAN OCCUR EVEN IF THE VALVE IS FUNCTIONING RELATIVELY NORMALLY.”</p>
	<p>DR. SUNDT SAYS IT'S IMPORTANT FOR PATIENTS TO BE THEIR OWN BEST ADVOCATES. TALK TO YOUR CARDIOLOGIST TO BE SURE THEY HAVE LOOKED FOR ANEURYSMS.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR LOG ONTO MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>