

Mayo Clinic Medical Edge

Green Tea Extract Study

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	COULD AN INGREDIENT FOUND IN GREEN TEA—A CHEMICAL KNOWN AS EGCG—HOLD THE KEY TO BATTLING CHRONIC LYMPHOCYTIC LEUKEMIA, A COMMON FORM OF LEUKEMIA? A RECENT STUDY SUGGESTS SO.
Tait Shanafelt, M.D.	“WE SAW THAT ROUGHLY 33 PERCENT OF PATIENTS, OR ONE IN THREE, HAD A SUSTAINED DECLINE IN THEIR LYMPHOCYTE COUNT.”
	DR. TAIT SHANAFELT IS A MAYO CLINIC HEMATOLOGIST AND THE LEAD AUTHOR OF THE STUDY. NOT ONLY WAS THERE A DROP IN

	LYMPHOCYTE COUNT, BUT...
Dr. Shanafelt	“A MAJORITY OF INDIVIDUALS WHO ENTERED THE TRIAL WITH ENLARGED LYMPH NODES HAD A 50 PERCENT OR GREATER DECLINE IN THE SIZE OF THEIR LYMPH NODES DURING THIS STUDY.”
	WHILE MORE STUDY IS NEEDED, RESEARCHERS HOPE THAT EGCG CAN STABILIZE CLL FOR EARLY STAGE PATIENTS OR PERHAPS IMPROVE THE EFFECTIVENESS OF TREATMENT WHEN COMBINED WITH OTHER THERAPIES.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.