

**Mayo Clinic Medical Edge**

***What is Melanoma?***

1:00

**Log**

**Audio**

<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IT MAKES UP ONLY ABOUT TEN PERCENT OF ALL SKIN CANCERS BUT ACCOUNTS FOR 90 PERCENT OF THE ASSOCIATED DEATHS.
<b>Svetomir Markovic, M.D.</b>	"MELANOMA IS THE WORST OF ALL SKIN CANCERS."
	AND SOMETHING MAYO CLINIC DR. SVETOMIR MARKOVIC SEES ALL TOO MUCH OF. NOT NECESSARILY BECAUSE IT'S SO DEADLY, BUT BECAUSE MOST CASES COULD PROBABLY BE PREVENTED. YOU SEE, MELANOMA STARTS IN THE MELANOCYTES, THE CELLS IN OUR SKIN THAT PRODUCE MELANIN WHICH GIVES US A TAN. AND IT'S

	THOUGHT THAT THE TRIGGER, THE THING THAT KICKS THINGS OFF, IS OVER EXPOSURE TO THE SUN OR ULTRAVIOLET LIGHT.
<b>Dr. Markovic</b>	“IT’S A SIMPLE EQUATION. DON’T BURN AND YOU WON’T HAVE MELANOMA.”
	IT SOUNDS SIMPLE, YET MELANOMA CASES CONTINUE TO RISE. SO USE SUN SCREEN, ALL THE TIME, EVEN WHEN IT’S CLOUDY. TRY TO AVOID THE SUN WHEN IT’S MOST INTENSE. THOSE LATE MORNING TO MID-AFTERNOON HOURS. AND FINALLY, WEAR A HAT.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a> . I’M VIVIEN WILLIAMS.