

Mayo Clinic Medical Edge

Magnets for Migraines

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	THERE ARE LOTS OF CLAIMS OUT THERE ABOUT THE THERAPEUTIC BENEFITS OF MAGNETS. MOST OF WHAT YOU SEE OR HEAR IS JUST THAT, CLAIMS. BUT AT MAYO CLINIC, RESEARCHERS ARE FINDING SUCCESS USING MAGNETS TO TREAT MIGRAINES.
David Dodick, M.D.	"IT'S CALLED A TRANS-CRANIAL MAGNETIC STIMULATOR."
	DR. DAVID DODICK IS TALKING ABOUT A DEVICE THAT WHEN HELD TO THE HEAD, STOPS A MIAGRAINE. THE DEVICE GENERATES AN ELECTRO-MAGNETIC FIELD THAT

	<p>PENETRATES YOUR SCALP AND SHORT-CIRCUITS THE ABNORMAL BRAIN ACTIVITY.</p>
<p>Dr. Dodick</p>	<p>“IT DEFINITELY IMPROVES PAIN AND IT DEFINITELY IMPROVES OTHER SYMPTOMS, LIKE THE NASUEA AND SENSITIVITY TO LIGHT.”</p>
	<p>PLUS, THERE DOESN'T APPEAR TO BE ANY OF THE SIDE-EFFECTS THAT MANY MIGRAINE MEDICATIONS CAN HAVE. MORE STUDY IS NEEDED, BUT IT'S HOPED THE DEVICE COULD BE AVAILABLE TO THE PUBLIC IN THE NEAR FUTURE.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>