

Mayo Clinic Medical Edge

Whiteners

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	A CHARMING OR DAZZLING SMILE CAN MAKE A GREAT FIRST IMPRESSION. NOW, MANY PEOPLE ARE TURNING TO WHITENERS TO GET THOSE PEARLY WHITES THEIR BRIGHTEST. BUT IS IT REALLY A GOOD IDEA?
Alan Carr, D.M.D.	"THERE IS ABSOLUTELY A BENEFIT BASED ON AN INDIVIDUALS PERCEPTION AS TO WHAT IS GOING TO MAKE THEM FEEL BETTER ABOUT THEMSELVES. IT HAS BEEN DEMONSTRATED THAT IT IS EFFECTIVE AND HOW EFFECTIVE DEPENDS ON THE MATERIALS AND MANPULATIONS."

	<p>WHITENERS ACCORDING TO MAYO CLINIC DR. ALAN CARR HAVE BEEN AROUND FOR 10 OR 15 YEARS. TOO SHORT OF A TIME TO KNOW IF THERE ARE ANY LONG-TERM NEGATIVE EFFECTS. BUT, WE DO KNOW THERE ARE SOME THINGS TO LOOK OUT FOR.</p>
Dr. Carr	<p>“AND IT IS MAINLY TO TOOTH SENSITIVITY AND GUM SENSITIVITY.”</p>
	<p>THERE ARE MANY DIFFERENT OPTIONS OUT THERE AND DISCUSSING THE OPTIONS WITH YOUR DENTIST IS A GOOD IDEA. PLUS...</p>
Dr. Carr	<p>“I THINK THAT IT IS CRITICAL TO CONSIDER THAT WE ARE WHITENING TEETH THAT ARE HEALTHY, IN A MOUTH THAT IS HEALTHY.”</p>
	<p>FOR MORE INFORMATION TALK TO YOUR DENTIST OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>