

Mayo Clinic Medical Edge

Cervical Stenosis

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	WITH SYMPTOMS THAT CAN RANGE BASICALLY FROM HEAD TO TOE, CERVICAL STENOSIS CAN LITERALLY AND FIGURATIVELY BE A PAIN IN THE NECK. BASICALLY, IT'S A...
Patty Atkinson, M.D.	"NARROWING IN THE NECK ALONG THE SPINAL CORD. "
	WHILE THERE ARE A NUMBER OF POSSIBLE CAUSES FOR THE NARROWING, MOST CASES THAT MAYO CLINIC DR. PATTY ATKINSON SEES ARE DEGENERATIVE. AGE ALONG WITH WEAR AND TEAR CAN TAKE A TOLL ON THE BONES, JOINTS, DISCS AND LIGAMENTS

	THAT MAKE UP OUR SPINE, CAUSING THEM TO THICKEN TO THE POINT WHERE...
Dr. Atkinson	“THE SPINAL CORD IS COMPRESSED.”
	THAT CAN RESULT IN PAIN AT THE SITE OF THE COMPRESSION. BUT ALSO, CERVICAL MYELOPATHY. THAT’S AN INJURY TO THE SPINAL CORD WHICH CAN RESULT IN...
Dr. Atkinson	“GAIT PROBLEMS, NUMBNESS IN THE HANDS AND FEET, BLADDER PROBLEMS.”
	SURGERY TO RELIEVE THE COMPRESSION MAY BE RECOMMENDED TO KEEP THE MYELOPATHY FROM PROGRESSING.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.