

Mayo Clinic Medical Edge
Procedures for Carotid Artery Disease

1:00

Log

Audio

<p>Intro with music</p>	<p>GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.</p>
	<p>SOMETIMES THE ONLY WAY TO UNCLOG A PIPE IS TO GO IN AND PHYSICALLY CLEAR THE BLOCKAGE. IT'S THE SAME WITH CAROTID ARTERY DISEASE. PLAQUE BUILDS UP, NARROWING THE ARTERY AND RAISING THE RISK OF A STROKE.</p>
<p>Bruce Evans, M.D. Track 1 (8:40)</p>	<p>"SO WHEN DO WE THINK ABOUT TREATING A BLOCKAGE THAT HASN'T CAUSED SYMPTOMS? IF IT GETS UP TOWARDS 75, 80, 85 PERCENT, THEN WE GET, I THINK, MORE AGGRESSIVE."</p>
	<p>THE THRESHOLD, EXPLAINS MAYO CLINIC DR. BRUCE EVANS, DROPS</p>

	IF STROKE-LIKE SYMPTOMS ARE PRESENT. ONE OPTION IS OPEN SURGERY—A CAROTID ENDARTERECTOMY.
Dr. Evans Track 3 (1:20)	“THEY SPLIT THE ARTERY LONGITUDINALLY, GO IN AND ACTUALLY PEEL OUT THE WHOLE INNER LAYER OF THE ARTERY WITH THE PLAQUE ATTACHED.”
	ANGIOPLASTY AND STENTING IS ANOTHER OPTION. IT’S LESS INVASIVE AND A GOOD CHOICE IF OTHER FACTORS MAKE OPEN SURGERY TOO RISKY.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.