

Medical Edge Radio from Mayo Clinic

Wrinkles

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	WRINKLES. THEY'RE PRETTY MUCH AN INEVITABLE PART OF AGING. IN FACT, SOME PEOPLE ARE GENETICALLY PRONE TO WRINKLES. FOR SOME
Randall Roenigk, M.D. Track 6 (2:15)	"IT'S A SIGN OF AGE, EXPERIENCE AND RESPECT. BUT THERE ARE MANY THAT WANT TO DELAY THAT ONSET."
	AND THERE ARE WAYS TO DO THAT, SAYS MAYO CLINIC DERMATOLOGIST DR. RANDALL ROENIGK. MOISTURIZE YOUR SKIN... USE A SUNSCREEN AND DON'T SMOKE. BUT BEWARE OF

	PRODUCTS THAT CLAIM TO PREVENT OR ERASE WRINKLES.
Dr. Roenigk Track 6 (5:50)	“THERE IS A WHOLE HOST OF PRODUCTS WHERE THERE IS NO SCIENCE, NO DATA TO SUPPORT WHAT THEY DO. THERE’S A LOT OF CHARLATANISM IN THIS AREA.”
	IF YOUR WRINKLES HAVE YOU FEELING DOWN, DR. ROENIGK SAYS THERE ARE MANY TREATMENTS THAT RANGE FROM THOSE WHICH ARE TEMPORARY – LIKE BOTOX INJECTIONS – TO THE MORE PERMANENT SURGICAL OPTIONS LIKE A FACE LIFT.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.