

**Mayo Clinic Medical Edge**

**Dizziness**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	AS A KID, DO YOU REMEMBER SPINNING IN CIRCLES UNTIL YOU FELT DIZZY AND THEN TRYING TO WALK? IT WAS KIND OF FUN. DR. LARRY LUNDY, AN EAR, NOSE AND THROAT SPECIALIST AT MAYO CLINIC HAS A DIFFERENT VIEW.
<b>Larry Lundy, M.D. Track 1 (6:38)</b>	"DIZZINESS IS A VERY COMMON BUT VAGUE COMPLAINT."
	SO JOB ONE IS DECIPHERING EXACTLY WHAT PATIENTS MEAN WHEN THEY SAY THEY'RE DIZZY.
<b>Dr. Lundy Track 1 (7:02)</b>	"VERTIGO, WHICH MEANS THE FEELING OF SPINNING LIKE YOU'RE ON A MERRY-GO-ROUND

	<p>OR DOING SUMMERSAULTS, THAT TYPICALLY IS COMING FROM THE INNER EAR.”</p>
	<p>WHILE FEELINGS OF LIGHT-HEADEDNESS, BEING UNSTEADY OR OFF-BALANCE USUALLY ARE NOT.</p>
<p><b>Dr. Lundy</b> <b>Track 1 (7:50)</b></p>	<p>“IT COULD BE SOMETHING LIKE MEDICATION SIDE-EFFECTS. PERHAPS THEY’RE NOT GETTING ENOUGH CIRCULATION TO THEIR BRAIN BECAUSE THEY’VE HAD A HEART ATTACK, A BAD HEART OR HARDENING OF THE ARTERIES.”</p>
	<p>THAT’S WHY ANY SEVERE BOUTS OF DIZZINESS, OR DIZZINESS THAT IS UNEXPLAINED OR KEEPS COMING BACK SHOULD BE DISCUSSED WITH A PHYSICIAN.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I’M VIVIEN WILLIAMS.</p>

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