

**Medical Edge Radio from Mayo Clinic**

***Peanut Allergy***

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	WHILE THEY CAN MAKE YOU FEEL LOUSY AND BE A NUSIANCE, COMMON HAYFEVER-TYPE ALLERGIES AREN'T REALLY ALL THAT HARMFUL. BUT SOME FOOD ALLERGIES, ESPECIALLY PEANUT ALLERGIES, CAN BE SEVERE. INGESTING JUST A LITTLE BIT...
<b>James Li, M.D.</b>	"RESULTS IN REALLY A MASSIVE RELEASE OF HISTAMINE AND OTHER INFLAMATORY MEDIATORS IN THE BODY. THAT CAN RESULT IN LOSS OF BLOOD PRESSURE AND, IN THE WORSE CASE, DEATH."

	<p>BETWEEN 50 AND 100 PEOPLE DIE IN THE UNITED STATES EACH YEAR FROM ANAPHYLACTIC REACTIONS TO PEANUTS. THANKFULLY, SAYS MAYO CLINIC DR. JAMES LI, MOST FOOD ALLERGY REACTIONS ARE NOT THAT SEVERE. MAYBE A LITTLE DIZZINESS, HIVES OR SWELLING.</p>
<b>Dr. Li</b>	<p>“THAT HAPPENS ONCE OR MORE THAN ONCE, THAT PERSON PRETTY MUCH FIGURES OUT THAT THIS MAY WELL BE A REACTION.”</p>
	<p>DR. LI SAYS THE NEXT STEP IS TO SEE A DOCTOR TO CONFIRM AN ALLERGY AND TO WORK OUT A PLAN FOR MANAGING IT.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I’M VIVIEN WILLIAMS.</p>

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