

Mayo Clinic Medical Edge
Diagnosing Benign Positional Vertigo

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	AS AN EAR NOSE AND THROAT SPECIALIST AT MAYO CLINIC, DR. LARRY LUNDY OFTEN SEES PATIENTS WHO COMPLAIN OF VERTIGO OR DIZZINESS. UNFORTUNATELY...
Larry Lundy, M.D. Track 1 (6:38)	"DIZZINESS IS A VERY COMMON BUT VAGUE COMPLAINT."
	THERE CAN BE MANY CAUSES. ONE OF THE MOST COMMON IS SOMETHING CALLED BENIGN POSITIONAL VERTIGO. IT'S A PROBLEM ROOTED IN THE INNER EAR. BUT THAT MAY NOT BE THE FIRST PLACE DR. LUNDY LOOKS

	DURING HIS EXAMINATION.
Dr. Lundy Track 1 (11:45)	“BECAUSE WHEN THE PATIENTS FEEL THE VERTIGO OR THE DIZZINESS, THEIR EYES ARE MOVING IN A VERY SPECIFIC MANNER. AND SO WE CAN TELL WHICH EAR IT’S COMING FROM AND WHICH PART OF THE EAR IT’S COMING FROM BY THE EYE MOVEMENTS.”
	AND THAT’S IMPORTANT. BECAUSE WHILE WE DON’T KNOW WHY PEOPLE DEVELOP BENIGN POSITIONAL VERTIGO, IT CAN BE TREATED. AND THAT STARTS WITH KNOWING WHERE THE PROBLEM RESIDES.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.
