

Mayo Clinic Medical Edge

Acid Reflux Study

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	SOME TYPE OF ALLERGY OR INFECTION, THAT'S WHAT MARY LABRASH WAS BLAMING FOR HER THROAT PROBLEMS.
Mary Labrash, Patient	"A LOT OF THE TIME IT WAS LIKE I HAD LARYNGITIS."
	SO MARY WAS SURPRISED WHEN DOCTORS SAID HER SYMPTOMS WERE LIKELY CAUSED BY ACID REFLUX. UNLIKE MARY, MOST PEOPLE WITH REFLUX FEEL IT – THAT BURNING SENSATION CAUSED BY STOMACH ACID SPLASHING UP INTO THE BOTTOM OF YOUR ESOPHAGUS. BUT...

Yvonne Romero, M.D.	“IN A SMALL SUBSET OF PEOPLE IT TRAVELS EVEN FARTHER UP AND CAUSES THROAT SYMPTOMS.”
	DR. YVONNE ROMERO AND HER RESEARCH TEAM AT MAYO CLINIC LOOKED AT WHETHER CERTAIN SYMPTOMS—CHRONIC COUGH, HOARSENESS, SORE THROAT OR CONSTANT THROAT CLEARING—GO AWAY WHEN YOU TAKE A COMMON HEARTBURN MEDICATION CALLED A PROTON PUMP INHIBITOR. IT WORKED FOR MARY. THE LARYNGITIS IS GONE. NOW SHE CAN TALK WITH HER GRANDDAUGHTER AS THEY CRAFT BOUQUETS.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.

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