

Mayo Clinic Medical Edge
Youth Smoking Trends

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	WITH ALL WE KNOW ABOUT THE DANGERS OF SMOKING, IT'S NO SURPRISE THAT TOBACCO USE RATES HAVE BEEN DECLINING. BUT THERE'S ONE GROUP OF USERS WHERE THE DECLINES MAY HAVE BOTTOMED OUT.
Steven Ames, Ph.D. (15:20)	"ABOUT 4-THOUSAND CHILDREN AND ADOLESCENTS UNDER THE AGE OF 18 SMOKE THEIR FIRST CIGARETTE EACH DAY."
	WORSE, ACCORDING TO MAYO CLNIC DR. STEVEN AMES, ARE ESTIMATES THAT 1200 CHILDREN AND ADOLESCENTS BECOME

	DAILY CIGARETTE SMOKERS EACH DAY. IF THAT PATTERN PERSISTS...
Dr. Ames (17:30)	“THE CURRENT ESTIMATES ARE THAT SIX-POINT-FIVE MILLION YOUTH WILL DIE PREMATURELY FROM SMOKING RELATED DISEASE.”
	ONE ANSWER, AND SOMETHING DR. AMES IS RESEARCHING, IS THE DEVELOPMENT OF PROGRAMS THAT HELP KIDS AND TEENS STOP SMOKING. BECAUSE RIGHT NOW, MOST SMOKING CESSATION EFFORTS ARE GEARED TOWARD ADULTS AND REALLY AREN'T A GOOD MATCH FOR THE YOUNGER CROWD.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.
