

**Mayo Clinic Medical Edge**  
**Urinary Tract Infections & Women**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IF YOU'VE EVER HAD ONE, YOU KNOW THEY'RE NO FUN. URINARY TRACT INFECTIONS ARE ONE OF THE TOP REASONS THAT YOUNG, OTHERWISE HEALTHY WOMEN VISIT THE DOCTOR. DR. ROBERT MCLAREN, A MAYO CLINIC UROLOGIST EXPLAINS WHY.
<b>Robert McLaren, M.D.</b> <b>Track 1 (4:30)</b>	"IT'S NOT VERY FAR FROM THE OUTSIDE WORLD TO THE INSIDE OF A WOMEN'S BLADDER. IT'S EASY FOR THEIR OWN BACTERIA TO CLIMB UP INSIDE, GET INTO THE BLADDER AND SET UP CONDITIONS FOR AN INFECTION."

	<p>THAT'S ESPECIALLY TRUE WITH SEXUALLY ACTIVE WOMEN. SYMPTOMS CAN INCLUDE A BURNING SENSATION WITH URINATION, AS WELL AS THE NEED TO GO QUICKLY AND GO OFTEN. HORMONE CHANGES AROUND MENOPAUSE CAN RAISE THE RISK FOR OLDER WOMEN.</p>
<p><b>Dr. McLaren</b> <b>Track 1 (4:45)</b></p>	<p>"MANY OF THOSE WOMEN HAVE ALSO STARTED TO DEVELOP URINARY INCONTINENCE PROBLEMS SO THEY'RE WEARING INCONTINENCE PADS."</p>
	<p>PROVIDING A GOOD BREEDING GROUND FOR BACTERIA. THE GOOD NEWS IS THAT MOST URINARY TRACT INFECTIONS CAN BE TREATED WITH ANTIBIOTICS.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I'M VIVIEN WILLIAMS.</p>

