

Mayo Clinic Medical Edge

Stickler Syndrome

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	KATIE HOUCHIN AND HER MOM PAT HAVE A LOT IN COMMON. THEY BOTH ENJOY A GAME OF POOL. THEY ALSO SHARE A RARE GENETIC DISORDER CALLED STICKLER SYNDROME. WHILE PAT'S SYMPTOMS ARE BARELY NOTICABLE, KATIE'S ARE MUCH MORE OBVIOUS.
Katie Houchin Has Stickler Syndrome	"I HAVE ARTHRITIS IN MY ELBOWS, KNEES, ANKLES. AND I HAVE SOME RETINAL PROBLEMS."
	OTHER SYMPTOMS CAN INCLUDE HEARING LOSS, AND THE SOFT PALATE OF THE MOUTH MAY NOT

	FORM CORRECTLY, RESULTING IN A CLEFT SOFT PALATE.
Noralane Lindor, M.D. Mayo Clinic	“IT IS A DISORDER OF A PARTICULAR PROTEIN IN THE BODY CALLED COLLAGEN.”
	MAYO CLINIC DR. NORALANE LINDOR SAYS PEOPLE WITH STICKLER SYNDROME HAVE A GENETIC MUTATION THAT DISRUPTS COLLAGEN FORMATION, MAKING CERTAIN PARTS OF THEIR BODIES MORE SUSCEPTIBLE TO WEAR AND TEAR. THERE’S NO CURE FOR STICKLER SYNDROME. BUT REGULAR MONITORING AND TREATING THE SYMPTOMS CAN HELP PEOPLE LIKE PAT AND KATIE LIVE FULL, WONDERFUL LIVES.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.