

Mayo Clinic Medical Edge

Treating COPD

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	HEART DISEASE. CANCER. STROKE. THEY'RE THE TOP THREE KILLERS IN THE UNITED STATES. BUT DO YOU KNOW WHAT NUMBER FOUR IS? IT'S C-O-P-D OR CHRONIC OBSTRUCTIVE PULMONARY DISEASE.
Paul Scanlon, M.D. Track 1 (:12)	"PEOPLE HAVE BEEN VERY PESSIMISTIC ABOUT THE TREATMENT OF C-O-P-D IN THE PAST...'OH, IT'S UNTREATABLE. IT'S UNCURABLE.' THIS IS A VERY TREATABLE CONDITION."
	SMOKING, SAYS MAYO CLINIC DR. PAUL SCANLON, IS THE SINGLE

	BIGGEST FACTOR IN DEVELOPING C-O-P-D. THAT'S WHY TREATMENT STARTS BY ENCOURAGING SMOKERS TO QUIT.
Dr. Scanlon Track 1 (2:40)	"SO RATHER THAN GO ON TO DEVELOP SEVERE OBSTRUCTIVE LUNG DISEASE, YOU'LL LIVE TO A RIPE OLD AGE WITH ONLY MILD IMPAIRMENT."
	FOR MODERATE SYMPTOMS, MEDICATIONS SUCH AS BRONCHODILATORS AND CORTICOSTEROIDS CAN PROVIDE RELIEF. FOR SEVERE C-O-P-D, OXYGEN OR LUNG REHABILITATION THERAPY, EVEN SURGERY CAN HELP PEOPLE FEEL BETTER AND LIVE LONGER.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.
