

**Mayo Clinic Medical Edge**

**What is Sjogren's**

1:00

**Log**

**Audio**

---

<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	THE SYMPTOMS ARE NOT UNCOMMON... DRY EYES AND DRY MOUTH. WHAT IS UNCOMMON ABOUT SJOGREN'S SYNDROME, IS THE SEVERITY OF SYMPTOMS.
<b>Thomas Osborn, M.D.</b>	"IT'S NOT JUST MILD, IT'S NOT SUBTLE. IT'S INTERRUPTING THEIR LIFE."
	MAYO CLINIC DR. THOMAS OSBORN SAYS THE DRY MOUTH CAN BE SO BAD THAT PATIENTS HAVE A HARD TIME TALKING OR SWALLOWING FOOD. SJOGREN'S IS AN AUTOIMMUNE DISEASE. SO INSTEAD OF PROTECTING THE

	<p>BODY, THE IMMUNE SYSTEM TURNS AGAINST IT. IN THIS CASE, TARGETING MOISTURE- PRODUCING TISSUES SUCH AS THE SALIVARY, TEAR AND SWEAT GLANDS.</p>
<p><b>Dr. Osborn</b></p>	<p>“THERE’S AN INFLAMMATION THAT GOES ON IN THERE THAT BASICALLY ENDS UP DESTROYING THE GLAND.”</p>
	<p>SJOGREN'S CAN ALSO AFFECT THE LUNGS, PANCREAS, KIDNEYS AND NERVOUS TISSUE. BECAUSE WE DON'T FULLY UNDERSTAND AUTOIMMUNE DISEASES, THERE IS NO CURE. TREATMENT IS AIMED AT REDUCING THE INFLAMMATION AND EASING THE SYMPTOMS.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>
