

**Mayo Clinic Medical Edge**  
**Treating Benign Positional Vertigo**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	WHEN IT STRIKES, BENIGN POSITIONAL VERTIGO CAN LEAVE YOU FEELING LIKE YOU'RE ON A MERRY-GO-ROUND ON FAST FORWARD. DEEP INSIDE OUR EARS ARE LITTLE CRYSTALS THAT ARE NORMALLY ATTACHED TO A MEMBRANE. BUT IN SOME PEOPLE THOSE CRYSTALS CAN COME LOOSE AND MOVE AROUND.
<b>Larry Lundy, M.D.</b> <b>Track 1 (10:30)</b>	"WHEN THOSE CRYSTALS HIT A CERTAIN SPOT INSIDE THE INNER EAR, IT WILL CAUSE A SENSATION OF VERTIGO."
	IT'S A PROBLEM DR. LARRY LUNDY,

	<p>AN EAR NOSE AND THROAT SPECIALIST AT MAYO CLINIC, SEES ROUTINELY. GENERALLY, TREATMENT INVOLVES TRYING TO MOVE THOSE CRYSTALS TO A SAFE SPOT. DR. LUNDY DOES THAT BY USING CANALITH REPOSITIONING.</p>
<p><b>Dr. Lundy</b> <b>Track 1 (12:48)</b></p>	<p>“WE LAY THEM DOWN AND TURN THEIR HEADS IN DIFFERENT POSITIONS AND WATCH THEIR EYES AND TRY TO NAVIGATE THOSE CRYSTALS OUT OF THE SENSITIVE AREAS OF THE EAR.”</p>
	<p>IT’S NOT A CURE. AND BECAUSE ABOUT 50-PERCENT OF PATIENTS WILL HAVE A RECCURANCE OF THE VERTIGO, THE PROCEDURE WILL NEED TO BE REPEATED.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I’M VIVIEN WILLIAMS.</p>

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