

Medical Edge Radio from Mayo Clinic

Breast Cancer Risk Assessment

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	IF A WOMAN LISTED HER HEALTH CONCERNS, MOST WOULD PROBABLY PUT BREAST CANCER AT OR NEAR THE TOP. AND RIGHTLY SO - IT'S A LEADING CAUSE OF CANCER DEATH. SO WHAT PUTS YOU AT RISK? MAYO CLINIC'S DR. SANDHYA PRUTHI...
Sandhya Pruthi, M.D.	"WE DON'T KNOW WHAT CAUSES BREAST CANCER. WE WONDER ABOUT LIFE STYLE."
	IN FACT, 80 PERCENT OF WOMEN WITH NO IDENTIFIABLE RISK FACTORS DEVELOP BREAST CANCER. ONE MISCONCEPTION,

	<p>SAYS DR. PRUTHI, IS THE ROLE THAT GENETICS PLAY.</p>
<p>Dr. Pruthi</p>	<p>“PEOPLE WILL TELL ME ‘BECAUSE I HAVE NO FAMILY HISTORY OF BREAST CANCER THEN I’M THEREFORE NOT AT RISK AND SHOULD NOT EVEN BE WORRIED ABOUT SCREENING WITH MAMMOGRAMS OR BREAST EXAMS.”</p>
	<p>ONLY IN ABOUT 10 TO 15 PERCENT OF THE CASES IS THERE A FAMILY HISTORY. DOCTORS ARE USING A NEW TOOL TO HELP ESTIMATE YOUR RISK. IF IT’S ELEVATED, YOU CAN THEN TAKE STEPS LIKE INCREASED SCREENING TO HELP MANAGE THAT RISK.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>
