

Mayo Clinic Medical Edge

Plugs for Dry Eyes

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	AT ONE TIME OR ANOTHER MOST OF US HAVE HAD THAT SANDY, GRITTY, SCRATCHY FEELING ON OUR EYES. MAYBE IT WAS AFTER A LATE NIGHT OF HITTING THE BOOKS, OR WORKING AT THE COMPUTER FOR TOO LONG
Muriel Schornack, O.D. Track 5 (3:25)	“AND THEN THERE ARE FOLKS WHOSE EYES JUST GET DRY. THEY GET A LITTLE INFLAMED AND THAT SHUTS DOWN TEAR PRODUCTION FOR THEM AND YOU START THIS VICIOUS CYCLE OF A LITTLE INFLAMMATION, DISCOMFORT, MORE

	INFLAMMATION, MORE DISCOMFORT. THOSE PEOPLE CAN BE ABSOLUTELY MISERABLE.”
	DR. MURIEL SCHORNACK IS AN OPTOMETRIST AT MAYO CLINIC. SHE SAYS IF LUBRICATING DROPS, GELS OR OINTMENTS DON'T HELP...
Dr. Schornack Track 5 (3:45)	“THEY MAY NEED TO PLUG THE DRAINAGE AREAS OF THE EYE.”
	TEMPORARY PLUGS WOULD BE TRIED FIRST, TO SEE IF THEY HELP. IF THEY DO A MORE PERMANENT PLUG WOULD BE INSERTED. IT'S ALSO POSSIBLE TO SEAL THE DRAINS BY CAUTERIZING THEM.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.

--	--