

Mayo Clinic Medical Edge
ACL Reconstruction in Older Patients

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IS 50 THE NEW 30? IT IS IF YOU'RE CONSIDERING KNEE SURGERY TO REPAIR A TORN A-C-L OR ANTERIOR CRUCIATE LIGAMENT. IT USED TO BE PATIENTS AS YOUNG AS 40 WERE CONSIDERED TOO OLD FOR SURGERY.
Diane Dahm, M.D. Track 1 (5:40)	"IT WAS FELT THAT THESE PATIENTS WERE NOT REALLY ACTIVE ENOUGH OR INVOLVED IN SPORTS AND PROBABLY WOULD DO JUST FINE WITHOUT A-C-L RECONSTRUCTION."
	BUT TIMES, AND LIFESTYLES HAVE CHANGED. DR. DIANE DAHM IS

	<p>PART OF THE MAYO CLINIC TEAM THAT STUDIED A-C-L RECONSTRUCTION IN PATIENTS OVER THE AGE OF 50. SHE SAYS THOSE PATIENTS RESPONDED COMPARABLY TO THEIR YOUNGER COUNTERPARTS. PLUS...</p>
<p>Dr. Dahm Track 1 (8:45)</p>	<p>“THERE WAS A FEELING BACK 20 YEARS AGO, THAT THESE PATIENTS MIGHT HAVE AN INCREASED RISK OF COMPLICATIONS. WHAT WE FOUND WAS THAT THE COMPLICATION RATE WAS VERY LOW.”</p>
	<p>NOT EVERY PATIENT WITH A TORN A-C-L NEEDS SURGERY. BUT AGE ALONE SHOULD NOT BE A BARRIER.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>