

**Mayo Clinic Medical Edge**

**Carotid Artery Disease**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	YOU COULD CALL THEM KILLING COUSINS. NOT ONLY DO CORONARY ARTERY DISEASE AND CAROTID ARTERY DISEASE SOUND ALIKE...
<b>Bruce Evans, M.D.</b> <b>Track 2 (:11)</b>	"IT'S EXACTLY THE SAME PROBLEM."
	THAT PROBLEM, ACCORDING TO MAYO CLINIC NEUROLOGIST DR. BRUCE EVANS, IS THE BUILD UP OF PLAQUE IN THE ARTERY BLOCKING THE FLOW OF BLOOD. CORONARY ARTERY DISEASE IS ASSOCIATED WITH HEART ATTACKS. THE CAROTID ARTERIES FEED BLOOD

	<p>TO THE BRAIN. BLOCKAGES CAN LEAD TO STROKE OR T-I-A— TRANSIENT ISCHEMIC ATTACKS— SO CALLED MINI-STROKES.</p>
<p><b>Dr. Evans</b> <b>Track 2 (:45)</b></p>	<p>“WHEN YOU HAVE A BLOCKAGE, THE PLAQUE-LIKE MATERIAL CAN CAUSE LITTLE CLOTS TO FORM. AND THOSE LITTLE CLOTS BREAKING OFF AND GOING UP TO THE BRAIN ARE WHAT CAUSE TIA SYMPTOMS OR STROKES.”</p>
	<p>GENERALLY, TREATMENT BEGINS WITH LIFESTYLE CHANGES ALONG WITH MEDICATIONS. ONLY WHEN THE BLOCKAGE IS SEVERE OR CAUSING SYMPTOMS WOULD AN INVASIVE PROCEDURE BE CONSIDERED.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a>. I'M VIVIEN WILLIAMS.</p>
