

Medical Edge Radio from Mayo Clinic

What is Asthma?

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
Nats of asthma attack if available	WHEN IT STRIKES, ASTHMA CAN LEAVE YOU GASPING FOR AIR. IN FACT THOUSANDS OF PEOPLE DIE EVERY YEAR FROM SEVERE ATTACKS. ASTHMA IS A CONDITION OF THE BRONCHIAL TUBES, THE MAIN AIR PASSAGES OF YOUR LUNGS. THE TUBES BECOME INFLAMMED, SWELL AND NARROW.
James Li, M.D.	"WO WITH THE NARROWED BRONCHIAL TUBES COMES SYMPTOMS OF SHORTNESS OF BREATH, CHEST TIGHTNESS, WHEEZING, COUGH."

	<p>MAYO CLINIC DR. JAMES LI SAYS MANY ASTHMA CASES, ESPECIALLY THOSE IN CHILDREN, ARE THE RESULT OF ALLERGIES. THE SYMPTOMS CAN RANGE FROM MILD TO SEVERE. BUT ASTHMA IS CONTROLLABLE, AND THE MEDICATIONS ARE GETTING BETTER AND BETTER.</p>
Dr. Li	<p>“A PERSON REALLY SHOULDN’T HAVE TO SUFFER WITH THE LIMITATIONS OF ASTHMA SINCE THERE IS GOOD TREATMENT AVAILABLE. “</p>
	<p>TRY TO KNOW AND AVOID THE TRIGGERS OF YOUR ATTACKS. AND KNOW WHAT TO DO IF AN UNEXPECTED ATTACK HAPPENS.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>
