

Mayo Clinic Medical Edge

Male Menopause

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	JUST LIKE A WOMAN, A MAN'S BODY GOES THROUGH SOME CHANGES WITH AGE. BUT IS THERE A MALE MENOPAUSE?
J. Taylor Hays, M.D.	"UNEQUIVOCALLY, NO. SINCE MENOPAUSE LITERALLY MEANS THE CESSATION OF MENSTRUAL CYCLES. MEN, OBVIOUSLY, DON'T EXPERIENCE THAT."
	BUT THERE ARE HORMONAL CHANGES AS MEN AGE. MAYO CLINIC DR. J. TAYLOR HAYS SAYS THERE IS PRETTY CLEAR EVIDENCE THAT AS MEN GET OLDER, TESTOSTERONE

	PRODUCTION DECLINES. BUT...
Dr. Hays	“THAT DECLINE DOESN’T RESULT IN ANY SYMPTOMS.”
	AT LEAST IN MOST MEN. HYPOGONADISM IS A CONDITION WHERE TESTOSTERONE LEVELS DROP SIGNIFICANTLY. AND THAT CAN BRING ABOUT HOT FLASHES, OSTEOPOROSIS AND A DROP IN SEX DRIVE. CASES ARE FEW, AND HORMONE REPLACEMENT THERAPY CAN HELP. A MORE COMMON OCCURANCE WOULD BE AN INTENTIONAL, TARGETED DROP IN TESTOSTERONE AS PART OF TREATMENT FOR PROSTATE CANCER. THEY CAN ALSO EXPERIENCE SIMILAR SYMPTOMS.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.

