

**Mayo Clinic Medical Edge**

**Who's at Risk of DVT**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	EVERY NOW AND THEN YOU HEAR ABOUT SOMEONE WHO DIED BECAUSE THEY DEVELOPED A BLOOD CLOT ON A VERY LONG FLIGHT. WHILE SITTING IN A PLANE SEAT FOR SEVERAL HOURS IS A MILD RISK FACTOR FOR DEEP VEIN THROMBOSIS...
<b>John Heit, M.D.</b>	"THE RISK IS SOMETHING ON THE ORDER OF MAYBE SEVEN TO NINE PER MILLION PEOPLE FLYING..."
	MAYO CLINIC DR. JOHN HEIT SAYS HOSPITALIZATION, EITHER FOR SURGERY OR ILLNESS ACCOUNTS FOR ABOUT HALF OF ALL CASES.

<b>Dr. Heit</b>	“IT HAS TO DO WITH BEING IMMOBILIZED, AT BEDREST. IT ALSO HAS TO DO WITH THE ACUTE ILLNESS ACTIVATING THE BLOOD-CLOTTING MECHANISM.”
	OTHER MAJOR RISKS INCLUDE SERIOUS TRAUMA AND CANCER. DR. HEIT ADDS THAT MOST D-V-T PATIENTS ALSO HAVE AN UNDERLYING BLOOD CONDITION CALLED THROMBOPHILIA WHICH PREDISPOSES A PERSON TO DEVELOPING CLOTS WHEN EXPOSED TO ONE OFF THESE RISKS.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a> . I’M VIVIEN WILLIAMS.