

Mayo Clinic Medical Edge

Chantix

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IT'S A DIFFERENT APPROACH TO TREATING SMOKING THAN ANY OTHER APPROACH IN THE PAST. WHY?
Steven Ames, Ph.D. (6:10)	"THIS MEDICATION WAS SPECIFICALLY DESIGNED WITH SMOKING CESSATION IN MIND."
Vah-renah-clean	VARENICLINE, BETTER KNOWN AS CHANTIX, EXPLAINS MAYO CLINIC DR. STEVEN AMES, AFFECTS THE NICOTINE RECEPTORS IN THE BRAIN. IT WORKS IN TWO WAYS. FIRST, BY FOOLING YOUR BODY INTO THINKING THAT YOU'RE CONTINUING TO USE NICOTINE.

	AND SECOND, BY BLOCKING THE EFFECTS OF NICOTINE.
Dr. Ames (6:30)	“SHOULD YOU HAPPEN TO HAVE A SLIP AND SMOKE A CIGARETTE, IT ACTUALLY BLOCKS THE EFFECTS OF SMOKING A CIGARETTE. THEY WOULDN'T REALLY GET THAT PLEASURE FROM THAT CIGARETTE.”
	CHANTIX ISN'T A MAGIC BULLET. ONLY ABOUT ONE IN THREE PEOPLE SUCCESSFULLY QUIT. AND THERE ARE SOME POSSIBLE SIDE EFFECTS. BUT THE PREVAILING THOUGHT IS THAT IT'S A GREAT NEW TOOL TO KICK THE HABIT, ESPECIALLY WHEN COMBINED WITH COUNSELING.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.
