

Mayo Clinic Medical Edge

Trismus

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
(tris-mus)	WE RARELY THINK ABOUT HOW OUR JAW FUNCTIONS WHEN WE CHEW, YAWN OR TALK. BUT A CASE OF TRISMUS CAN CHANGE THAT. TRISMUS, SAYS MAYO CLINIC DR. PHILLIP SHERIDAN, IS...
Phillip Sheridan, D.D.S. Track 1 (12:35)	"WHERE YOU CAN'T OPEN YOUR MOUTH."
	TRISMUS ISN'T A DISEASE. IT'S A SYMPTOM THAT CAN COME WITH PROBLEMS RELATED TO THE JOINTS, NERVES OR MUSCLES THAT CONTROL THE JAW. TRISMUS CAN COME ON SLOWLY, OR DEVELOP SUDDENLY DUE TO

	TRAUMA... FROM AN ACCIDENT OR EVEN A TRIP TO THE DENTIST.
Dr. Sheridan Track 1 (12:21)	“YOU CAN GO TO THE DENTIST, GET AN INJECTION WHERE THEY STICK THE NEEDLE IN AND NUMB UP YOUR JAW AND YOU CAN DEVELOP TRISMUS AFTERWARDS.”
	HOW BAD IT GETS AND HOW LONG IT LASTS DEPENDS ON THE CAUSE. TREATING TRISMUS USUALLY MEANS GRADUALLY STRETCHING THE MOUTH OPEN AND THERE ARE EXERCISES AND DEVICES THAT HELP. BUT IT CAN BE A SLOW PROCESS. DEPENDING ON THE PATIENT, IT COULD TAKE DAYS, WEEKS OR EVEN MONTHS TO REGAIN NORMAL USE.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.

