

Mayo Clinic Medical Edge

Losing Smell and Taste

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	FOR MANY PEOPLE, THAT FIRST WHIFF OF COFFEE BREWING IS ONE OF LIFES LITTLE PLEASURES. SO IS SAVORING THE TASTE OF A FAVORITE FOOD. BUT WHAT IF IT ALL WENT AWAY?
Joseph Sirven, M.D.	"THE LOSS OF TASTE AND SMELL, PARTICULARLY IN OLDER ADULTS, IS EXTRAORDINARILY COMMON."
	IN FACT, DR. JOSEPH SIRVEN, A MAYO CLINIC NEUROLOGIST, SAYS IT'S ONE OF THE MOST COMMON COMPLAINTS HE HEARS FROM PATIENTS. IT MAY NOT BE THE PRIMARY REASON THEY CAME IN...

Dr. Sirven	“BUT THIS IS ALWAYS THE COMPLAINT THAT’S TIED RIGHT UNDERNEATH IT.”
	UNFORTUNATELY, THERE’S NOT MUCH THAT CAN BE DONE FOR AGE RELATED LOSS. BUT THERE ARE SOME CAUSES WHERE THE SENSES MAY BE ABLE TO BE RESTORED. MEDICATIONS – PARTICULARLY ANTIBIOTICS, NASAL POLYPS, VIRAL INFECTIONS, EVEN THE FLU CAN ALTER TASTE AND SMELL.
Dr. Sirven	“IF YOU HAVE ONE OF THOSE CAUSES, THERE ARE TREATMENTS. THIS IS A BIG DEAL. I WOULDN’T DIMINISH IT.”
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.

