

Mayo Clinic Medical Edge

Treating Sjogren's

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	SJOGREN'S SYNDROME IS AN AUTOIMMUNE DISORDER WHERE PATIENTS EXPERIENCE...
Thomas Osborn, M.D.	"OVERWHELMING DRYNESS OF THEIR EYES OR MOUTH OR BOTH."
	THOSE SYMPTOMS, SAY MAYO CLINIC DR. THOMAS OSBORN, ARE BROUGHT ON BY INFLAMMATION TO MOISTURE-PRODUCING TISSUE SUCH AS THE TEAR AND SALIVARY GLANDS. SCAR TISSUE CAN BUILD TO THE POINT WHERE THE GLAND IS USELESS. CAUGHT EARLY ANTI-INFLAMMATORY TREATMENT—STEROIDS—CAN

	KEEP THINGS IN CHECK. BUT...
Dr. Osborn	“I THINK WE HAVE TO BE REALISTIC AND SAY – HOW LONG HAS THIS PERSON HAD IT? IF YOU THINK THE GLAND IS GONE, THERE’S NO POINT IN BEATING THEM UP WITH AN ANTI-INFLAMMATORY TYPE OF TREATMENT.”
	IMMUNOSUPPRESSIVE DRUGS MAY ALSO BE USED TO TRY AND CALM THE IMMUNE REACTION THAT’S CAUSING THE INFLAMMATION. BUT THAT HAS ITS OWN DRAWBACKS, INCLUDING AN INCREASED RISK OF INFECTION AND POSSIBLY CANCER. STILL, DR. OSBORN SAYS TREATMENTS CONTINUE TO EVOLVE AND NEW TREATMENTS ARE BEING STUDIED
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I’M VIVIEN WILLIAMS.

