

Mayo Clinic Medical Edge
Treating Carotid Artery Disease

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	A CLOGGED PIPE CAN CAUSE BIG PROBLEMS. IN THE BODY, THE CAROTID ARTERIES ARE THE PIPES THAT SUPPLY BLOOD TO THE BRAIN. IF THEY'RE CLOGGED, STROKE RISK GOES WAY UP.
Bruce Evans, M.D. Track 1 (3:20)	"THE MAIN RISK FACTORS FOR BLOCKAGE ARE AGE AND GENDER."
	TWO THINGS WE CAN'T DO ANYTHING ABOUT. BUT MAYO CLINIC DR. BRUCE EVANS SAYS YOU CAN LOWER YOUR RISK BY EATING RIGHT, EXERCISING AND NOT SMOKING. IF YOU HAVE HIGH

	<p>BLOOD PRESSURE, HIGH CHOLESTEROL OR DIABETES, KEEP THEM UNDER CONTROL. DRUGS TO PREVENT CLOTS MAY BE PRESCRIBED. BUT SURGERY OR ANGIOPLASTY USUALLY ISN'T CONSIDERED UNLESS THE BLOCKAGE IS SIGNIFICANT.</p>
<p>Dr. Evans Track 1 (3:01)</p>	<p>“AT A 50 PERCENT DEGREE OF BLOCKAGE, THE RISK OF SOMETHING HAPPENING BECAUSE OF THE INTERVENTION—SUCH AS A STROKE—IS GREATER THAN THE RISK OF HAVING A STROKE WITHOUT THE INTERVENTION.”</p>
	<p>IF THE BLOCKAGE IS GREATER THAN ABOUT 70-PERCENT OR IF YOU'RE EXPERIENCING SYMPTOMS, SURGERY MAY BE RECOMMENDED RIGHT AWAY.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN</p>

	WILLIAMS.