

Medical Edge Radio from Mayo Clinic

Bipolar Disorder

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	WE ALL HAVE OUR UPS AND DOWNS. BUT FOR ABOUT TWO MILLION AMERICANS WHO SUFFER FROM BIPOLAR DISORDER, THOSE MOOD SWINGS GET DRAMATICALLY OUT OF HAND.
David Mrazek, M.D. Track 3 (:29)	"IN THE CLASSIC FORM THERE'S AN INTERVAL OF DEPRESSION. WHEN THE SYMPTOMS OF SADNESS AND FATIGUE AND DISINTEREST IN LIFE CAN SET IN WITH A VENGEANCE."
	MAYO CLINIC PSYCHIATRIST DR. DAVID MRAZEK SAYS FOLLOWING THE DEPRESSION CYCLE, THERE'S

	<p>OFTEN A BRIEF PERIOD OF FEELING NORMAL BEFORE A MANIC PHASE SETS IN.</p>
<p>Dr. Mrazek Track 3 (:51)</p>	<p>“SUDDENLY THE PATIENT IS ON TOP OF THE WORLD AND OFTEN HAS VERY POOR JUDGEMENT.”</p>
	<p>A COMMON PROBLEM IS EXTRAVAGANT SPENDING... ANOTHER CHARACTERISTIC IS MAKING IMPULSIVE DECISIONS AND TAKING DANGEROUS RISKS. BI-POLAR DISORDER CAN RANGE FROM MILD TO SEVERE. BUT TREATMENT, WITH MEDICATIONS AND PSYCHOTHERAPY IS VERY EFFECTIVE AT CONTROLLING THE ILLNESS.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>

--	--