

Mayo Clinic Medical Edge

Heart Link to Migraine

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	DAMON CABLE IS A VERY BUSY PEDIATRIC NURSE PRACTITIONER. BUT WHEN MIGRAINES HIT, WORKING'S NOT EASY.
Damon Cable, Patient	"WHEN THEY'RE REALLY BAD YOU CAN'T DO ANYTHING. YOU JUST HAVE TO GO TO A DARK ROOM AND LIE DOWN."
	FRUSTRATED, DAMON TURNED TO MAYO CLINIC WHERE DOCTORS TOLD HIM THAT HIS MIGRAINES MIGHT BE CAUSED BY A COMMON HEART DEFECT. PATENT FORAMEN OVALE, OR PFO IS A TINY HOLE BETWEEN THE UPPER

	CHAMBERS OF THE HEART.
Bart Demaerschalk, M.D. Mayo Clinic Neurologist	“PATIENTS WITH MIGRAINE HEADACHE ARE MUCH MORE LIKELY TO HAVE A PFO THAN THE GENERAL POPULATION.”
	DR. BART DEMAERSCHALK IS STUDYING WHETHER OR NOT CLOSING PFO’S REDUCE THE FREQUENCY AND SEVERITY OF MIGRAINES. IN THE STUDY, HALF OF THE PEOPLE UNDERGO A CATHETERIZATION PROCEDURE TO CLOSE THE HOLE. HALF UNDERGO A SHAM PROCEDURE. DAMON DOESN’T KNOW IF HE HAD THE REAL PROCEDURE OR NOT, BUT IN THE FIVE WEEKS SINCE...
Damon Cable	“I’VE ONLY HAD TWO HEADACHES.”
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.

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