

Mayo Clinic Medical Edge

Treating Bug Bites

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IT'S THE TIME FOR BASEBALL AND THE BEACH... CONCERTS AND COOKOUTS. AND NOTHING SAYS SUMMER MORE THAN THE BUZZ OF A MOSQUITO. BUT YOU DON'T HAVE TO LET A FEW ANNOYING BITES RUIN YOUR FUN.
Marian McEvoy, M.D. Track 1 (4:15)	"A TOPICAL STEROID AND LOCAL APPLICATION OF ICE WOULD BE THE WAY TO GO."
	DR. MARIAN MCEVOY, A DERMATOLOGIST AT MAYO CLINIC SAYS IMMEDIATE APPLICATION OF BOTH CAN EASE YOUR SYMPTOMS. ANTI-HISTAMINES

	<p>CAN ALSO HELP WITH THE ITCHING. WHILE MOST BITES ARE JUST A NUISANCE, SOME PEOPLE CAN HAVE SEVERE REACTIONS TO STINGS AND BITES.</p>
<p>Dr. McEvoy Track 1 (4:25)</p>	<p>“IF YOU’VE BEEN STUNG BY A BEE AND YOU HAVE OTHER SYMPTOMS SUCH AS DIFFICULTY BREATHING OR DIFFICULTY SWALLOWING, WHEEZING, SWELLING OF YOUR LIPS OR TONGUE, YOU NEED TO GO STRAIGHT TO THE EMERGENCY ROOM.”</p>
	<p>OF COURSE IT’S BEST JUST TO KEEP THE BUGS AWAY. FOR THAT DR. MCEVOY RECOMMENDS A BUG SPRAY THAT CONTAINS DEET AND WEARING CLOTHING THAT’S APPROPRIATE FOR THE SITUATION.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN</p>

	WILLIAMS.