

Mayo Clinic Medical Edge

Living with COPD

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	C-O-P-D OR CHRONIC OBSTRUCTIVE PULMONARY DISEASE IS THE FOURTH LEADING CAUSE OF DEATH IN THE UNITED STATES. BUT WITH EARLY DIAGNOSIS...
Paul Scanlon, M.D. Track 1 (10:10)	"THE VAST MAJORITY OF PEOPLE WITH COPD DO JUST FINE. THEY'RE EITHER ASYMPTOMATIC OR MILDLY SYMPTOMATIC."
	BUT IT TAKES SOME WORK EXPLAINS LUNG SPECIALIST AND MAYO CLINIC DR. PAUL SCANLON. BECAUSE SMOKING IS THE NUMBER ONE CAUSE OF COPD,

	QUITTING IS JOB ONE. PEOPLE WITH COPD ARE ALSO MORE SUSCEPTIBLE TO RESPIRATORY ILLNESS. A SIMPLE CHEST COLD CAN TURN INTO A SERIOUS EVENT.
Dr. Scanlon Track 1 (10:20)	“IF THEY QUIT SMOKING, THAT’S PROBABLY THE END OF IT, THAT’S ALL THEY NEED TO DO. GET AN ANNUAL FLU SHOT, AND YOU’RE GOOD TO GO.
	COPD IS TREATABLE. AND WITH PROPER TREATMENT, EVEN PEOPLE WITH MODERATE OR SEVERE DISEASE CAN LIVE BETTER AND LIVE LONGER THAN IN THE PAST.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.

