

Mayo Clinic Medical Edge

Hot Flashes in Men

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
	AS PART OF HIS TREATMENT FOR PROSTATE CANCER, ROBERT BULMER, TOOK MEDICATION TO BLOCK PRODUCTION OF THE MALE HORMONE TESTOSTERONE. SOON AFTER...
Robert Bulmer, Patient	"I NOTICED THE HOT FLASHES."
	MAYO CLINIC DR. CHARLES LOPRINZI SAYS IT'S NOT UNCOMMON FOR MEN GOING THROUGH TREATMENT FOR PROSTATE CANCER.
Charles Loprinzi, M.D. Mayo Clinic Oncologist	"WOMEN GET HOT FLASHES AROUND THE TIME OF MENOPAUSE BECAUSE THEIR

	<p>ESTROGEN LEVELS DRAMATICALLY DROP. THE SAME THING HAPPENS TO MEN WHEN THEIR TESTOSTERONE LEVELS DRAMATICALLY DROP.”</p>
	<p>ROBERT ENROLLED IN A STUDY TESTING A MEDICATION CALLED GABAPENTEN TO SEE IF IT WOULD HELP. RESULTS SHOWED IT WORKED. ON AVERAGE THE DRUG REDUCES MALE HOT FLASHES BY ABOUT 50-PERCENT. AND BECAUSE IT’S NOT A HORMONE, GABAPENTEN DOESN’T PROMOTE CANCER GROWTH. ROBERT SAYS HE STILL HAS MILD HOT FLASHES NOW AND THEN. BUT HE IS GRATEFUL FOR A MEDICATION THAT IS SAFE AND THAT WORKS.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>

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