

Mayo Clinic Medical Edge

When to Seek Attention for a Sports Injury

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	ATHLETES ARE OFTEN PRAISED FOR THEIR ABILITY TO FIGHT THROUGH PAIN AND INJURY TO PLAY IN A BIG GAME. THAT MAY BE OK FOR PROFESSIONALS, BUT IT'S A DECISION YOUNGER ATHLETES MAY NOT HAVE THE KNOWLEDGE OR EXPERIENCE TO MAKE.
Amy McIntosh, M.D. Track 2 (6:30)	"IF YOUR KIDS ARE TAKING MEDICATION TO GET THROUGH PRACTICE, IF YOU'RE HAVING TO GIVE THEM MOTRIN OR TYLENOL ON A REGULAR BASIS, THERE'S SOMETHING WRONG. THEY NEED TO BE SEEN."

	<p>DR. AMY MCINTOSH IS A PEDIATRIC ORTHOPEDIC SURGEON AT MAYO CLINIC. SHE ALSO HAS A SPECIAL INTEREST IN SPORTS MEDICINE. WHILE MANY OF THE PROBLEMS SHE SEES ARE SIMPLE TO TREAT...</p>
<p>Dr. McIntosh Track 2 (12:50)</p>	<p>“IF YOUR KIDS ARE HAVING PAIN INTO THE NEXT DAY, IF THEY’RE HAVING PROBLEMS SLEEPING, IF THEY’RE HAVING PROBLEMS AT SCHOOL, THEY DEFINITELY NEED TO BE SEEN AND EVALUATED.”</p>
	<p>PAIN CAN BE A GOOD GUIDE, BUT YOU HAVE TO LISTEN. ATHLETES TO THEIR BODIES, AND PARENTS TO THEIR CHILDREN.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I’M VIVIEN WILLIAMS.</p>

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