

**Mayo Clinic Medical Edge**  
**Diabetes Decision Cards**

1:00

**Log**

**Audio**

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<b>Intro with music</b>	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	IF YOU HAVE DIABETES, CONTROLLING YOUR BLOOD SUGAR IS CRITICAL. THERE ARE A NUMBER OF MEDICATIONS THAT CAN HELP. BUT HOW DO YOU KNOW WHICH IS RIGHT FOR YOU?
<b>Victor Montori, M.D.</b> <b>Track 4 (2:15)</b>	"THIS IS SOMETHING THAT HAS BEEN CONSIDERED A TECHNICAL DECISION THAT ONLY CLINICIANS COULD DO."
	BUT ACCODRING TO MAYO CLINIC DR. VICTOR MONTORI, MANY PATIENTS DON'T STICK WITH THE PRESCRIBED TREATMENT BECAUSE THEY DIDN'T KNOW OR

	UNDERSTAND ALL THE AFFECTS OF TAKING A CERTAIN DRUG.
<b>Dr. Montori</b> <b>Track 4 (2:50)</b>	“TO OUR SURPRISE, PATIENTS CHOSE TO DISCUSS FIRST, WEIGHT.”
	DR. MONTORI AND HIS RESEARCH TEAM ARE STUDYING THE AFFECTS OF A SIMPLE TOOL THAT DOCTORS AND PATIENTS GO OVER TOGETHER. THESE DECISION GUIDES LIST MEDICATIONS, HOW AND WHEN THEY’RE TAKEN AS WELL AS POSSIBLE SIDE EFFECTS.
<b>Dr. Montori</b> <b>Track 4 (4:53)</b>	“WHEN PATIENTS TAKE PART IN DECISION MAKING THEY TAKE OWNERSHIP OF THAT CHOICE.”
	THEY TRY TO MAKE IT WORK, MORE THAN IF THE DOCTOR HAD JUST TOLD THEM TO DO SO.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT <a href="http://MAYOCLINIC.ORG">MAYOCLINIC.ORG</a> . I’M VIVIEN WILLIAMS.
