

Mayo Clinic Medical Edge

Bracing for Scoliosis

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC'S MEDICAL EDGE.
	WHEN IT COMES TO TREATING SCOLIOSIS OR CURVATURE OF THE SPINE, BACK BRACES HAVE BEEN AROUND FOR A LONG TIME. BUT FOR KIDS, THE TREATMENT COULD SEEM WORSE THAN THE PROBLEM. BRACES USED TO BE LARGE, CLUNKY AND VERY OBVIOUS. BUT NOT ANY MORE.
Anthony Stans, M.D. Track 2 (3:28)	"INSTEAD WE USE CUSTOM MOLDED PLASTIC ORTHOTICS OR BRACES WHICH STAY BELOW THE SHOULDERS, SO THEY DON'T HAVE THE NECK RING THAT WE USED TO SEE."

	<p>DR. ANTHONY STANS IS AN ORTHOPEDIC SPECIALIST AT MAYO CLINIC. HE SAYS THE BRACES WORK BY APPLYING FORCE TO THE CHEST WALL AND PELVIS.</p>
<p>Dr. Stans Track 2 (4:33)</p>	<p>“BY PUSHING ON THE RIBS, WE CAN TRANSMIT THAT FORCE TO THE SPINE TO STRAIGHTEN IT.”</p>
	<p>DR. STANS SAYS A BACK BRACE DOESN'T COMPLETELY ELIMINATE THE RISK OF THE CURVATURE GETTING WORSE, BUT IT DOES REDUCE IT DRAMATICALLY.</p>
	<p>FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG. I'M VIVIEN WILLIAMS.</p>