

Mayo Clinic Medical Edge
POT Syndrome (POTS)

1:00

Log

Audio

Intro with music	GIVING YOU THE EDGE ON HEALTHY LIVING, HERE'S MAYO CLINIC MEDICAL EDGE.
Megan Husby, Patient	"THIS IS MY POTS BOARD FOR A HEALTH FAIR."
	EVEN THOUGH POSTURAL ORTHOSTATIC TACHYCHARDIA OR "POT" SYNDROME KEEPS MEGAN HUSBY FROM GOING TO SCHOOL, SHE STILL ENTERED THE HEALTH FAIR SO HER FRIENDS COULD UNDERSTAND WHY. MEGANS SYMPTOMS INCLUDE...
Megan	"EXCESSIVE FATIGUE, NAUSEA, WEAKNESS..."
	BUT THE SIGNATURE SYMPTOM SAYS MAYO CLINIC DR. PHIL FISCHER, IS...

Phillip Fischer, M.D.	“WHEN PEOPLE SHIFT FROM LYING DOWN TO STANDING UP AND THEY STAY STANDING, THEIR HEART RATE GOES WAY TOO FAST.”
	NORMALLY YOUR HEART RATE WOULD GO FROM, SAY, 70 OR 80 BEATS PER MINUTE TO 85 OR 90. WITH POTS, IT JUMPS TO 110 EVEN 120. BLOOD DOESN'T GET TO YOUR HEAD SO YOU CAN GET DIZZY, EVEN PASS OUT. MEDICATIONS HELP SOME KIDS. BUT OTHERS, LIKE MEGAN SLOWLY GROW OUT OF IT. SHE'S FINALLY GOT THE ENERGY TO PLAY, AND BEAT HER BROTHER IN A GAME OF FOOSBALL.
	FOR MORE INFORMATION, TALK TO YOUR DOCTOR OR VISIT MAYOCLINIC.ORG . I'M VIVIEN WILLIAMS.