

K13 H. pylori

March 2010

Intro: Bloating, pain, nausea and fullness. All are symptoms of stomach dyspepsia and ulcers. For years people thought these issues were sometimes caused by stress. But the truth is, they're generally caused by common bacteria. And Doctors at Mayo Clinic say if you have it, and one out of five people do, you should likely get it treated.

Video

Total running time 1:30

CG :15 to :18

Kirk Thompson

Audio

“YEAH, MARCH IS KIND OF A
HECTIC TIME...[HERE WE GO!]... IF
YOU WIN THE GAME YOU MOVE
ON, IF YOU DON'T...[WAIT FOR IT!]
...YOU LOSE” [BUZZZ!]
KIRK THOMPSON THOUGHT MAYBE
HIS STOMACH PROBLEMS WERE
CAUSED BY THE STRESS OF
COACHING. “I MUST BE A GLUTTON
FOR PUNISHMENT. IT GIVES ME A
LOT OF HEADACHES A LOT OF
STRESS. COACHING IS
STRESSFUL, BUT I REALLY LIKE
WORKING WITH THE KIDS.” IT
TURNS OUT THAT KIRK’S
SYMPTOMS – BLOATING, PAIN AND
NAUSEA WERE REALLY CAUSED

CG :25 to :37

Nicholas Talley, M.D., Ph.D.

Mayo Clinic

BY A BACTERIA CALLED H. PYLORI.

“IT’S A BACTERIA THAT YOU

ACQUIRE AS A CHILD; AND ONCE

YOU ACQUIRE THE BACTERIA, IT

LIVES WITH YOU UNTIL YOU PASS

AWAY. IT’S A LIFE-LONG

COMPANION.” BUT DR. NICHOLAS

TALLEY SAYS TREATMENT WITH

ANTIBIOTICS AND OTHER

MEDICATIONS CAN BE EFFECTIVE

FOR FOUR OUT OF FIVE PEOPLE

WHO HAVE THE BACTERIA. YOU

SEE, H. PYLORI CAUSES

INFLAMMATION IN THE STOMACH.

THE INFLAMMATION CAN CAUSE

ULCERS WHICH COULD LEAD TO

BLEEDING. AND THIS INCREASES

YOUR RISK OF STOMACH CANCER.

A SMALL RISK, BUT A REAL ONE.

“IF YOU GET SYMPTOMS THAT

MIGHT BE LIKE AN ULCER,

STOMACH PAIN RELATED TO

MEALS, FEELING

Standup
CG 1:16 to 1:23
Vivien Williams
Reporting

UNCOMFORATBLE AFTER MEALS,
IT MIGHT BE WORTH HAVING IT
CHECKED OUT TO SEE IF YOU
HAVE THIS INFECTION. IF YOU DO,
IT IS WORTH HAVING THE
INFECTION REMOVED WITH
TREATMENT.” ND AFTER
TREATMENT, KIRK'S SYMPTOMS
AREN'T COMPLETELY GONE, BUT
THEY'RE MUCH BETTER, AND NOW
HE CAN CONCENTRATE ON HIS
TEAM INSTEAD OF ON HIS
STOMACH. “THE MEDICATION HAS
REALLY HELPED.”
FOR MEDICAL EDGE, I'M VIVIEN
WILLIAMS.

Anchor tag:

There is one drawback of getting treated for H. pylori. And that is some people may experience heartburn afterwards. If so, talk to your health care provider about getting treatment for that symptom. For more information, visit our Website at...[STATIONS: Per the licensing agreement, please provide a link from your station's website to <http://www.mayoclinic.org> or voice tag "mayoclinic.org" for more information.]